

## Belt Testing Form (Orange)

Upon preparation of the student, you are receiving this form because of the Master's recommendation. There are requirements to be made; follow the instructions below and fill out the form. If you have more concerns, you may discuss them with the master or whoever has the authority to give you more information. If a student(s) passes the test, he/she will graduate and move on to the next level. **If a student(s) needs improvement, students will be corrected and do the test again in the future.**

Name: \_\_\_\_\_

DOB: \_\_\_/\_\_\_/\_\_\_      Gender: \_\_\_      Belt Size(optional) \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone Numbers: \_\_\_\_\_

Testing Fee: \$ 65      \_\_\_Cash\_\_\_Check\_\_\_Credit

Applicant's/Guardian's Signature: \_\_\_\_\_

### REQUIREMENTS

Students must meet the requirements order to move up to next level

**Forms:** Tae-Geuk 1 & Nun chucks Form (10 Counts)

**Hand Techniques:** High Block, Low Block, Middle Block, Center Block, Knife Hand, Body Punch, and High Punch(Face Punch)

**Kicks:** Front Kick, Axe Kick, Round-House Kick

**Stances:** Walking Stance and Front Stance

**Korean Terminologies:** Hello, Thank you and Counting 1-10

**Breaking:** Front Kick

**Self-Defense:** 1,2, & 3

**Weapons:** Nun Chucks