

# Belt Testing Form (Gray)

Upon preparation of the student, you are receiving this form because of the Master's recommendation. There are requirements to be made; follow the instructions below and fill out the form. If you have more concerns, you may discuss them with the master or whoever has the authority to give you more information. If a student(s) passes the test, he/she will graduate and move on to the next level. **If a student(s) needs improvement, students will be corrected and do the test again in the future.**

Name: \_\_\_\_\_

DOB: \_\_\_/\_\_\_/\_\_\_      Gender: \_\_\_      Belt Size(optional) \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone Numbers: \_\_\_\_\_

Testing Fee: \$ 135      \_\_\_Cash\_\_\_Check\_\_\_Credit

Applicant's/Guardian's Signature: \_\_\_\_\_

## REQUIREMENTS

Students must meet the requirements order to move up to next level

**Forms:** Tae-Geuk 6

**Hand Techniques:** High, Middle, Low, Center, Outside forearm Blocks, Knife Hand Blocks and Strikes, Double knife hand block Elbow Strikes, & Palm Blocks & Strikes

**Kicks:** Front, Round-House, Side, Axe, Slap, Crescent, Spin Back, Spin Hook Kicks

**Stances:** Walking, Horse-Riding, Front, Across, Tiger, and Back Stance

**Korean Terminologies:** Hello, Thank you, Attention, Bow, Kicks, Punches, Blocks, Stances, Counting 1-50

**Breaking:** Elbow

**One Step:** 1-10      **Self-Defense:** 1-10