

Belt Testing Form (Blue)

Upon preparation of the student, you are receiving this form because of the Master's recommendation. There are requirements to be made; follow the instructions below and fill out the form. If you have more concerns, you may discuss them with the master or whoever has the authority to give you more information. If a student(s) passes the test, he/she will graduate and move on to the next level. **If a student(s) needs improvement, students will be corrected and do the test again in the future.**

Name: _____

DOB: ___/___/___ Gender: ___ Belt Size(optional) _____

E-mail: _____

Phone Numbers: _____

Testing Fee: \$ 95 ___Cash___Check___Credit

Applicant's/Guardian's Signature: _____

REQUIREMENTS

Students must meet the requirements order to move up to next level

Forms: Tae-Geuk 3

Hand Techniques: High, Middle, & Low Block, Center Block, Outside forearm Block, Knife Hand Blocks and Strikes, Double knife hand block, Swallowtail Block, & Spear Thrust

Kicks: Front Kick, Round-House Kick, Side Kick, Axe Kick, Spin Back Kick

Stances: Horse-riding, Walking, Front Stance, and Back Stance

Korean Terminologies: Hello, Thank you, Ready, Attention and Counting 1-20

Breaking: Spin Back Kick **Self- Defense:** 1,2,&3 **One-Step:** 1,2,&3